

WEEK FIVE LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
White Rice/Plain Beans/Dodo	Spaghetti jollof/ Coleslaw/Dodo	Oriental Rice/ Couscous/ Dodo/ Salad	Sauteed Potatoes/ Native Rice/ Plantain	Jollof Rice/Dodo/Moimoi	Oriental Menu Day	Jollof Rice/ Dodo/ Moi Moi
Asaro/ Sauteed Spinach	Agoyin Beans/ Bread/ Yam	Farm House				BBQ Chicken/ Peppered Chicken/Peppered Fish/Assorted Beef Stew
Peppered Chicken/Peppered Fish/Assorted Beef Stew/ Boiled Egg	Chicken Kebab/Sweet Chilli Meat balls/Peppered Fish/Assorted Beef Stew	Grilled Chicken/ Chicken Lollipop/ Peppered Fish	Crispy Chicken/ Peppered Chicken/Peppered Fish/Assorted Beef	Peppered Chicken/Peppered Fish/Assorted Beef Stew/ Boiled Egg	Peppered Chicken/Peppered Fish/Assorted Beef Stew/ Boiled Egg	Ogbonno/ Edi-Kai-Ikong Soup/ Semo
Ewedu & Gbegiri/ Efo-Riro Soup/ Amala/ Eba	Egusi/ Okro Soup/Eba/ Semovita	Efo-riro/ Ogbonno Soup/ Eba/ Wheat	Okro Soup/Egusi/Eba/ Semovita	Ewedu & Gbegiri/ Efo-iro Soup/ Amala/ Eba	Pounded yam and Egusi soup	
Fruit	Fruit	Fruit	Fruit	Fruit	Fruit	Fruit
Dessert						
sweet/fruits	sweets/ fruits	sweet/ fruits	Sweets/fruits	Sweets/fruit	Sweets/fruits	Sweets/fruits
Pm snack						
Sausage roll + drink	Meat pie +drink	Cookies + drink	Donuts + drink	Popcorn + drink	Spring roll & puff puff + drink	Muffins + drinks

WEEK SIX LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Oriental Rice/ Salad	Spaghetti Bologonaise/Spaghetti Jollof	White Rice	Pasta Arrabiata/Mixed Veg/ Lasagna	Jollof Rice/Moi Moi/ Dodo	Designer stew/ White Rice	Pasta Arone
Beans pottage/ Plantain/ Bioled Yam/Bread	Yam Pottage	Beans&Dodo	Garden-Egg Sauce/ Boiled Yam/Spicy Rice/ Salad	Agonyi Beans/ Bread	Dodo	Peppered Chicken/Peppered Fish/Assorted Beef Stew
Grilled Chicken/Peppered Fish/Assorted Beef Stew/ Boiled Egg	Peppered Chicken/Peppered Fish/Assorted Beef Stew/ Boiled Egg	Peppered Chicken/Peppered Fish/Assorted Beef Stew/ Boiled Egg	Peppered Chicken/Peppered Fish/Assorted Beef Stew/ Boiled Egg	Peppered Chicken/Peppered Fish/Assorted Beef Stew/ Boiled Egg	Peppered Chicken/Peppered Fish/Assorted Beef Stew	Okro/Oha Soup/ Eba/ Wheat
Efo-riro/ Okro Soup/ Eba/ Semovita	Egusi/ Otong Soup/Eba/ Wheat	Gbegiri &Ewedu/ Banga/ Amala/ Eba	Vegetable Soup/ Otong Soup/Eba/Semo	Afang/ Okro/ Eba/ Wheat	Egusi/ Ogbonno Soup/Eba/ Semovita	
Fruit	Fruit	Fruit	Fruit	Fruit	Fruit	
Dessert						
Sweet/ fruits	Sweet/ fruits	Sweet/ fruits	Sweet/ fruits	Sweet/ fruits	Sweet/ fruits	Sweet/ fruits
Pm snack						